

GYM SHOW WEEK - May 18-22

We **WILL NOT** have regular gym classes this week.

We have scheduled nights for students to come show off the skills and routines they've learned this season.

MONDAY, May 18th

Gymnastics Showcase Competition

There are multiple time slots to choose from.

Register your student for the desired session in the Pro Shop. Each student will only do 1 session.

Morning Session

10:00-11:00am - Pre-K Gymnastics & Pre-K JAMnastics

11:30am-12:30pm - Elementary JAMnastics & Level 1-2 Gymnastics

Evening Session

5:30-6:30 – Pre-K Gymnastics & Pre-K JAMnastics

7:00-8:00 – Elementary JAMnastics & Level 1-2 Gymnastics

All students in that level will warm up, stretch and compete together.

Students will compete on Bars, Beam, Floor & Vault.

They will receive scores and prizes for their performance.

TUESDAY, May 19th

Tumbling Showcase Night

5:30-6:30 – Novice Tumbling

6:30-7:30 – Intermediate Tumbling

7:30-8:00 – Advanced Tumbling

Come during the timeslot that fits your student. Allow 15-20 minutes for the showcase, so come during the time range not at the exact time. Students will go through a series of stations to show what they've learned and what they're working on. Students will be broken into small groups and parents will travel with the students.

THIS IS A GREAT OPPORTUNITY TO EVALUATE YOUR STUDENT FOR PROMOTION TO NEW LEVELS.

WEDNESDAY, May 20th

Ninja Showcase Night

Come anytime between 3:30-6:00

Students will compete in Timed Obstacle Course, Box Jumps, Handstands, Toes to Bar, Dead Hang.

Parents can go with their student and a coach to all the stations and watch them compete.

Allow 15-20 minutes for the competitions & showcase, so come during the time range not at the exact time.

Winner of each event will be announced on Facebook Thursday evening.

THIS DAY IS OPEN TO ALL OVATIONS STUDENTS, NOT JUST NINJA STUDENTS

GENERAL RULES & PROCEDURES FOR THE WEEK

Most events will not take the full hour.

Please bring no more than 4 guests per student, spectator space is limited.

If you bring siblings or little ones please help us keep them off the floor and off equipment.